

# Hilliard Bradley and Memorial Cheerleading Rules & Expectations

## The priorities of all cheerleaders:

1. Family/Faith
2. Academics
3. School Cheerleading
4. Other

## Your purpose as a Bradley/Memorial Cheerleader:

- To promote and uphold **school spirit!**
- Develop a sense of good **sportsmanship** among teammates, Bradley students, and opponents!
- To build **character** in the individual!
- To **encourage** crowd involvement!
- To **represent** the school in a positive manner at ALL times!

## Attendance

- **Cheerleaders will attend all practices, events, and fundraisers.**
  - A note from a parent/guardian is always necessary for **any** absence.
  - **Excused absences:** doctor's note, death in the family, medical emergency or special permission from the coach
  - If you miss a day of school and will not be able to make a practice or a game, contact your coach via email to let them know.
    - **Sending a message through a friend or teammate is not acceptable.**
- **More than 3 unexcused absences will result in dismissal from the team.**
  - Leaving practice early will be marked unexcused.
  - Missing practice for family vacations will be marked unexcused.
- **A cheerleader must be present at school THE DAY OF THE GAME.**
  - If he/she does not attend school the day of a game for more than half the day, he/she will **NOT** cheer in that game/competition.
  - If the event is on a Saturday or Sunday, the cheerleader must be at school on the Friday before the event.
- **Competition Cheer Attendance:**
  - The competition cheer schedule will be distributed once the winter sports season begins.
  - If you cannot commit to being present at **EVERY** competition, you will not be choreographed into the routine.

## Transportation

- Cheerleaders must have their own form of transportation to and from all practices and home games.
- Transportation will be provided for away games. All cheerleaders will ride the bus to and from away games.
  - **If a cheerleader must ride home with a parent, then a note with a parent signature must be submitted to the coach 24 hours in advance.**
  - **No cheerleader is permitted to ride home from an away game with friends or siblings.**
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### Leadership/Attitude/School Spirit

- Cheerleaders will have a **good attitude** throughout the season and will work as a team cooperatively.
  - Set an example of good behavior at all times (whether in uniform or not) in class, games, and at all school functions. **This includes during the halftime of games.**
  - Be an active listener and accept constructive criticism.
- **Respect** will be given to all teammates, coaches, teachers, community members, and opposing teams at all times – *both in and out of season*.
  - Rude behavior/attitude toward coaches or other teammates can result in being benched or asked to leave a practice, game or competition event.
- **INAPPROPRIATE BEHAVIOR IS PROHIBITED DURING THE SCHOOL DAY, PRACTICES, AND GAMES.** This includes: involvement with drugs/alcohol/tobacco, public displays of affection, inappropriate attire, body graffiti, inappropriate behavior (gossiping, crying, etc.)
  - **SOCIAL MEDIA “DRAMA” OR INAPPROPRIATE BEHAVIOR WITH TECHNOLOGY WILL NOT BE PERMITTED.** Keep it positive, period.
  - ALL facial piercings must be taken out during a cheer event. Tattoos must be covered completely during a game/competition.
  - If any behavior displayed by a cheerleader is interfering with their ability to be performing at best, the cheerleader will be asked to leave the practice/game/competition immediately.

### Responsibility

- A cheerleader is **RESPONSIBLE!** This includes being aware of practice and game dates/times, knowledge of material, care of uniform and warm-up, care of facilities, pick up trash, etc.
  - Be ready at all practices, wearing proper shoes and clothes, and with hair tied back.
- A cheerleader will be **prepared and focused** for all cheer events. This includes having her/his folder, uniform, shoes, hair bow, poms, etc.
  - Cheerleaders may be asked to put phones/devices away if they become an issue or distraction.

### Safety

- No gum or jewelry during practices/games. Hair must always be up and away from your face at a game, and nails must be trimmed with no polish.
- Jumping and tumbling without being warmed up and without a coach present is **PROHIBITED!** Cheerleaders will not spot tumbling of anyone on the team.

### Coaches' Decisions

- All coaches' decisions are final.
  - Coaches decide if each cheerleader is prepared for a game/competition. There is no guarantee that every girl will cheer in every game/competition.
  - Each cheerleader must **EARN** the privilege to cheer through attendance, attitude, classroom conduct, practice, responsibility, and knowledge of material.
  - All questions/concerns regarding team activity should be directed to the current season coach or the Athletic Director.

### Tryouts

- Feedback from tryouts regarding strong points and areas to improve will be given to each individual cheerleader.

\*Please reference this feedback sheet, *rather than contacting the coach*, for feedback regarding tryouts.

# Hilliard Bradley and Memorial Cheerleading Rules & Expectations Agreement

All Hilliard Bradley and Memorial Cheerleading rules will be interpreted and carried out by the Bradley and Memorial cheer coaches, under the guidance of the head and assistant athletic directors. Interpretation of these rules is at the strict discretion of the Hilliard Bradley and Memorial cheerleading coaching Staff.

I have read and understand the Hilliard Bradley and Memorial cheerleading rules and expectations. I understand the time commitment and financial demands of being a part of the Jaguar cheerleading program. I agree to comply with the rules and expectations mentioned in this document, as well as the student handbook, if I make the Bradley or Memorial cheerleading team.

I understand that any violation of these rules or conduct deemed improper and unsuitable for a cheerleader may result in one or more of the following consequences, administered at the discretion of the cheerleading coach and/or athletic director: verbal warning, parent conference, written reprimand, temporary suspension from performance, or permanent removal from the team.

I understand that the coaches' decision is final after determining the Bradley cheerleading teams for the 2015-2016 school year and I will reference the tryout feedback sheet rather than contacting the coach for feedback.

Failure to sign this agreement will result in a participant not being permitted to try out for the Bradley or Memorial cheerleading team.

\_\_\_\_\_  
Printed name of participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of parent/guardian

Date

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date